

AQUATICS

F I T N E S S



AQUABODY

AQUABIKE

AQUACOMBAT

Revolutionize
Your Workout Underwater!

new benefits in your health club

Best Exercises to Get in Shape

AQUABODY **AQUABIKE** **AQUACOMBAT**

- ✔ Cardio training to burn from 400 to 700 calories in just 45 minutes
- ✔ High-intensity
- ✔ Full-body workout
- ✔ Cellulite elimination (Aquabike)
- ✔ Avoid high-impact related injuries
- ✔ No pain, no soreness
- ✔ Heal the body through movement (Aquabike rehab)
- ✔ Boost immunity with cool water
- ✔ Stop overheating



capture **15%+** new customers

Welcome to a new era of fitness with **AQUATICS**, where we bring you the latest revolution in aquatic fitness classes. Recognized as the new standard in Europe and trusted by fitness enthusiasts, our programs are designed to provide a smart, effective, and painless **Way to Get in Shape**.

AQUATICS

FITNESS



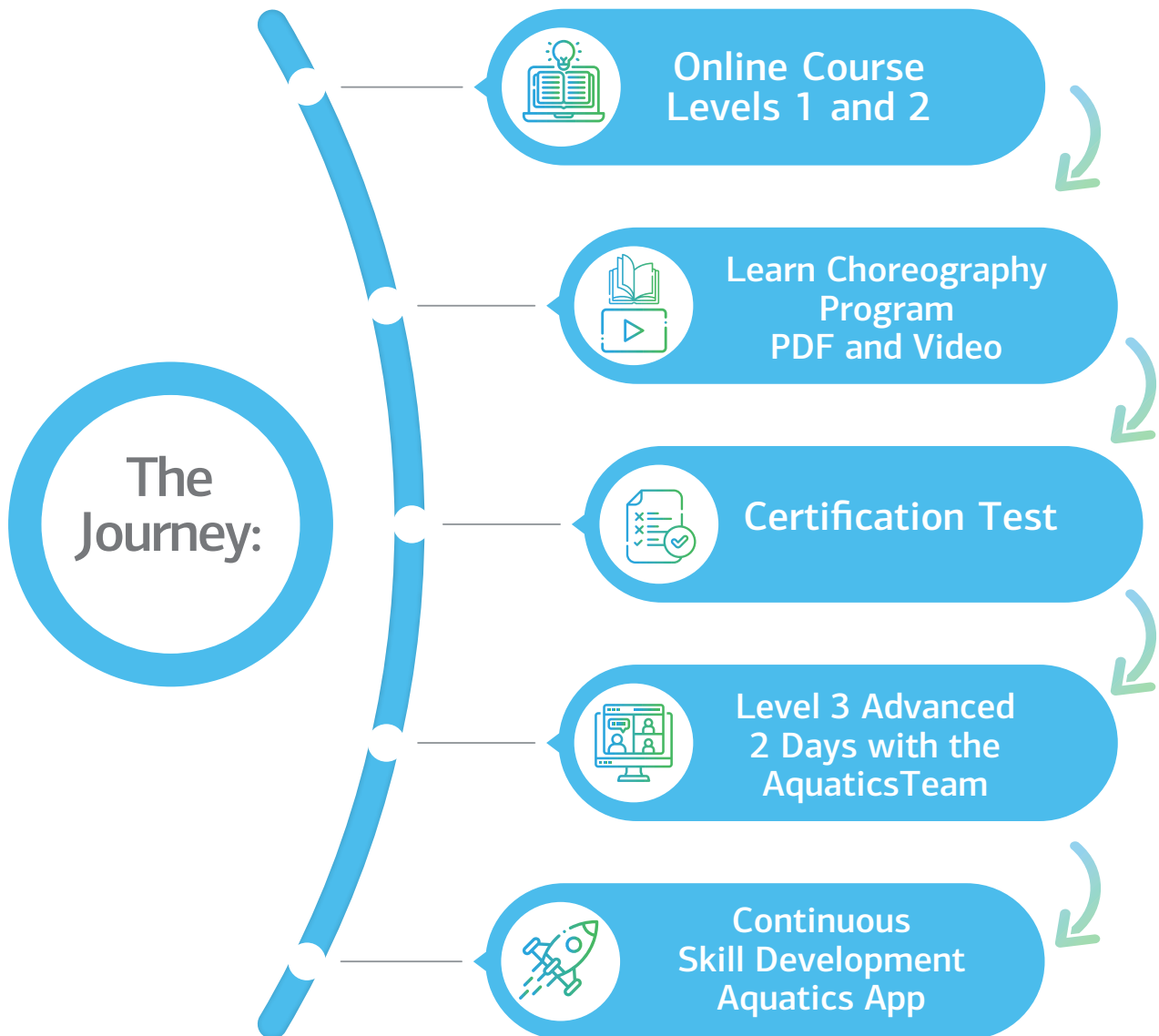
- **Aquatics App**
Aquatics Program Choreography
Music by WORKOUT MAN and
Match Program Experience



- **Trainer Certification**
Online Course Success Program
Smart Training Course



smart instructor



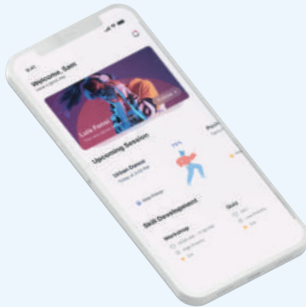
Join the Aquatic Fitness Revolution

Empower your trainers with our comprehensive tools and resources, Equip them to transform your swimming pool into a state-of-the-art fitness center and elevate the training experience for your members.

own the future



Skill and Choreographies ON-DEMAND



ON-DEMAND Features:

- ✔️ Choreographies
- ✔️ Skill Development and Social Media
- ✔️ Program On-Demand & Music: 6 to 12 week cycles
- ✔️ 45-Minute Program
- ✔️ Albums by WORKOUT MAN: Copyright
- ✔️ Preselection Match Music Experience
- ✔️ Downloadable Program Structure
- ✔️ Video Tutorials for Choreographies
- ✔️ Trainer Support (Assistance)

Certification Levels



Levels 1 and 2 online

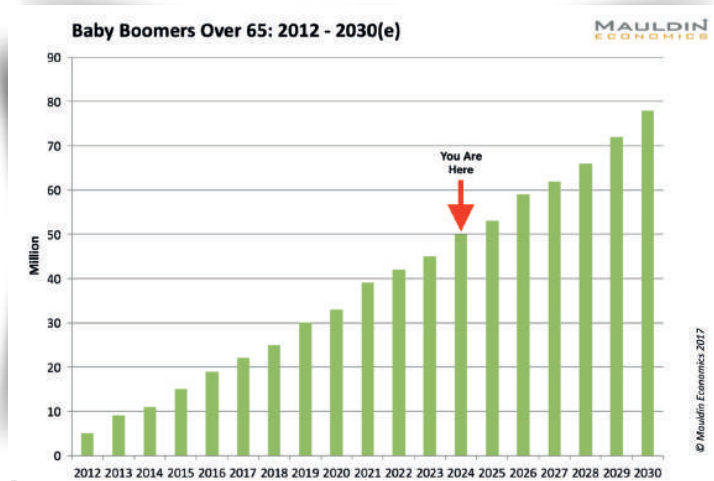
- ✔️ Aquabike, Aquacombat, and Aquabody Benefits
- ✔️ Learn Equipment Devices
- ✔️ Clients Motivation
- ✔️ Coaching Tools
- ✔️ Timing Choreography
- ✔️ Clients Advice
- ✔️ Personalized Exercises
- ✔️ Security and Safety
- ✔️ Certification Trainer
- ✔️ Life Guard Certification Status

Workshop - Level 3 (In-person)

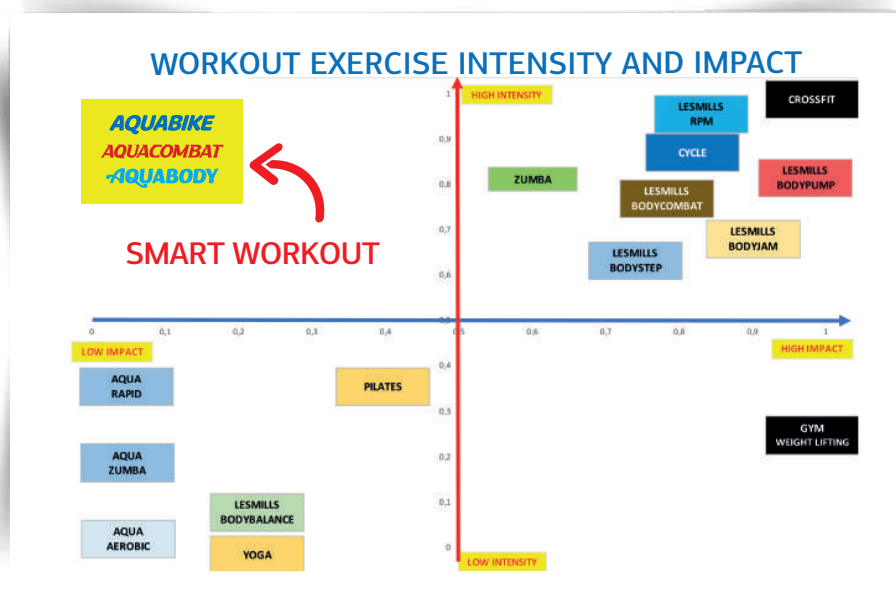
- ✔️ 2-Day workshop training in-person with Team Aquatics

don't be **left** behind

By 2030, 60% of the population will be Boomers and Generation X. This demographic shift presents a growing market opportunity, with the demand for low-impact, effective fitness solutions projected to increase by 15%



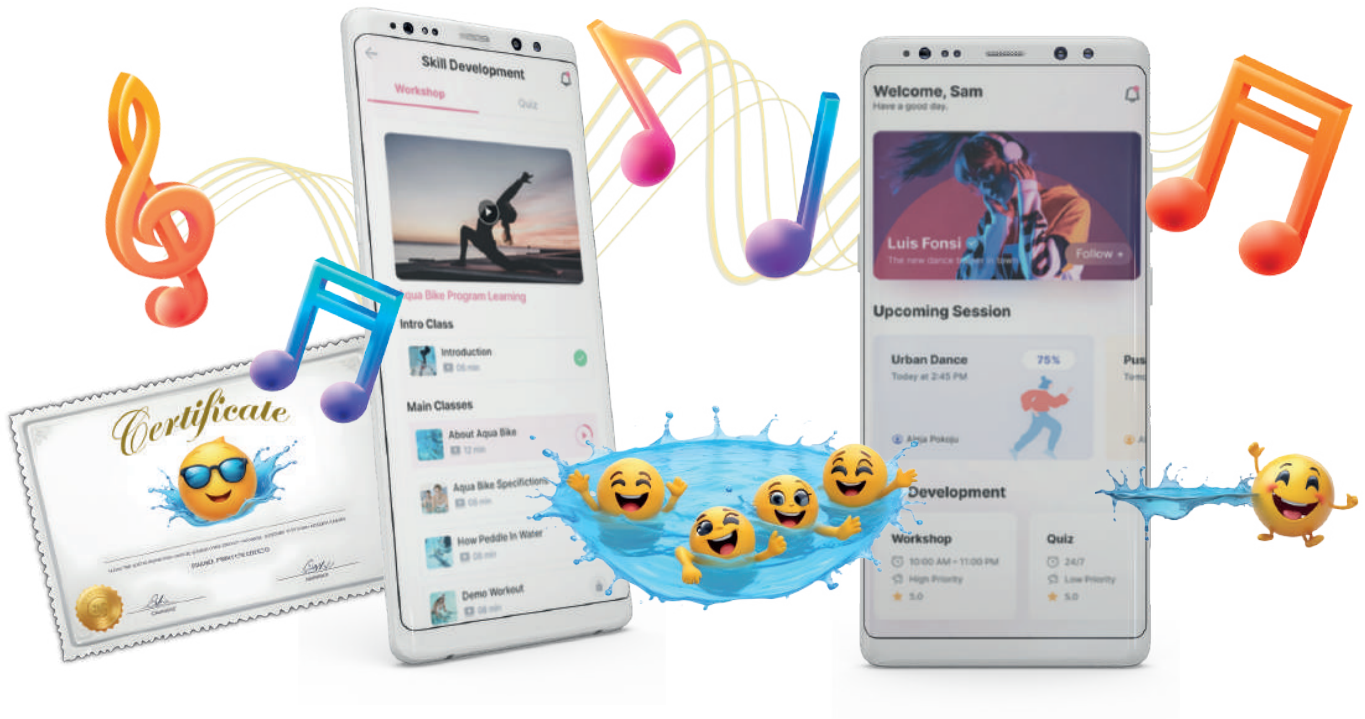
a new era of workout...
and it's **pain free!**



U.S. WORKOUT INTENSITY AND IMPACT Source: Sam Kornobis AQUABIKE Inc 2022 analysis AquabikeNow.com



attract **new** members



AQUATICS

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aquaticsfitness

